

ESSENTIAL 29: Fall Protection – Construction



Key Takeaways:

- Understanding the reasons for using fall protection equipment and training on that use are required in the construction industry
- Recognizing the requirements for equipment used in work positioning, fall restraint, and fall arrest systems
- Learning the requirements for proper use of work positioning, fall protection, fall restraint, and fall arrest systems
- Realizing the hazards posed by falling six feet (1.85 m) or more, both with and without a personal fall arrest system
- Learning the components of a personal fall arrest system and how they work together to arrest a fall
- Comprehending the steps for properly inspecting and donning a full-body harness
- Learning the criteria for properly attaching the connecting device to an anchorage connector, and a vertical or horizontal lifeline

Course Description

The construction industry has an average of over 360 fatal falls per year. The purpose of this course is to bring awareness to fall hazards and the proper use of Fall Protection, Work Positioning, Fall Restraint, and Fall Arrest systems.